## School of Clinical Hypnosis UEN: 53393113D

1 Marymount Terrace, #01-02 Boonview, Singapore 574036 me@learnhypnosis.sg Tel: +65 6492 8697 www.learnhypnosis.sg

## Schedule for Hypnotherapy & Psychotherapy Courses

(correct as of 17 Sept 2022)

# 1. Practitioner <u>Certificate</u> in Integrative Evidence-based Clinical Hypnosis and <u>Hypnotherapy</u> (PCHyp)

Intakes - Oct 2022 | Feb 2023 | Jul 2023

#### **Modules:**

200: Introduction to Clinical Hypnosis & Hypnotherapy – 8 Oct 2022 | 25 Feb 2023 | 22 Jul 2023

201: Introduction to Hypnotherapy Practice – 29 Oct 2022 | 25 Mar 2023 | 5 Aug 2023

202: Behavioural Hypnotherapy Practice –19 Nov 2022 | 8 Apr 2023 | 26 Aug 2023

203: Psycho-dynamic Hypnotherapy Practice – 3 Dec 2022 | 29 Apr 2023 | 16 Sept 2023

204: Indirect Hypnotherapy Practice – 7 Jan 2023 | 13 May 2023 | 30 Sept 2023

205: Applied Hypno-therapeutics – 14 Jan 2023 | 27 May 2023 | 14 Oct 2023

#### **Classroom Practice:**

Saturdays (9am to 6pm)

Venue: 1 Marymount Terrace, #01-02 Boonview. Singapore 574036

# 2. Practitioner <u>Diploma</u> in Integrative Evidence-based Clinical Hypnosis and <u>Hypnotherapy</u> (PDHyp)

Intakes - Feb 2023 | Jun 2023 | Nov 2023

## **Modules:**

301: Advanced Hypnotherapy Practice – 17 Feb 2023\* | 23 Jun 2023\* | 10 Nov 2023\*

302: Advanced Hypnotherapy Application – 18 Feb 2023<sup>^</sup> | 24 Jun 2022<sup>^</sup> | 11 Nov 2023<sup>^</sup>

303: Cognitive Behavioural Hypnotherapy Practice – 17 Mar 2023\* | 14 Jul 2023\* | 1 Dec 2023\*

304: Cognitive Behavioural Hypnotherapy Application – 18 Mar 2023<sup>1</sup> | 15 Jul 2023<sup>1</sup> | 2 Dec 2023<sup>2</sup>

305: Integrative Hypnotherapy Practice – 28 Apr 2023\* | 11 Aug 2023\* | 5 Jan 2024\*

306: Evidence-based Therapeutic Hypnosis – 6 May 2023<sup>1</sup> | 12 Aug 2023<sup>1</sup> | 5 Jan 2024<sup>2</sup>

# **Classroom Practice:**

\*Fridays (7:00pm to 10.00pm)

<sup>%</sup>Saturday (1.30pm to 6.00pm)

Saturday (9.00am to 6.00pm)

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## 3. Intensive <u>Practitioner Certificate and Practitioner Diploma</u> in Hypnotherapy

May 2023 (0523SG) – Fast Track (Singapore)	Feb 2023 (0223BA) – Fast Track ( <i>Bali</i> )
9 to 13 May & 25 to 31 May 2023	10 to 12 Feb, 10 to 12 Mar, 31 Mar to 3 Apr 2023
Jan 2023 (0123MB) – Fast Track ( <i>Mumbai</i> )	Jul 2023 (0723BA) – Fast Track ( <i>Bali</i> )
30 Jan to 4 Feb & 27 Feb to 4 Mar 2023	28 to 30 Jul, 11 to 13 Aug, 8 to 11 Sept 2023
Jun 2023 (0623MB) – Fast Track ( <i>Mumbai</i> )	
5 to 10 Jun & 26 Jun to 1 July 2023	

9:00am to 6:00pm

To qualify as an 'IACT Certified Hypnotherapist', the graduate **WILL HAVE TO COMPLETE A MINIMUM OF 120 HOURS OF PRACTICAL TRAINING** and to complete the ICCHP Practitioner Certificate and Diploma Integrative Evidence-based Clinical Hypnosis and Hypnotherapy (PCHyp and PDHyp).

#### 4. Practitioner <u>Diploma</u> in Integrative Psychotherapy (PDIntPsych)

SAT 001: Effective Counselling 28 Jan & 4 Feb 2023<sup>^</sup> | 10 & 17 Jun 2023<sup>^</sup> | 21 & 28 Oct 2023<sup>^</sup>

SAT 002: Eye Movement Desensitisation Reprogramming (EMDR) – TBA

SAT 003: Cognitive Behaviour Therapy (CBT) – TBA

SAT 004: Gestalt Therapy – 7, 14, 21 Mar 2023~

SAT 005: Effective Communication – 15<sup>#</sup>, 22<sup>#</sup> and 24 Oct<sup>%</sup> 2022

SAT 006: Psychology – 2, 9, 16, 23 Feb, 2, 9 Mar 2023&

SAT 007: Emotional Freedom Technique – 4, 11 Oct 2022<sup>~</sup>

### **Classroom Practice:**

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To be awarded the *Practitioner Diploma in Integrative Psychotherapy (PDipIntPsych)*, the candidate must complete **all** modules, known as *Practitioner Award (i.e SAT01 – 07 and SAT 08 (5,000 topical research on areas of psychological therapy and/or mental health*. (Note: <u>ICCHP PDHyp Graduates</u> will have advances standing for modules SAT 002 and SAT 003). The Practitioner Awards are accredited with the International Council of Integrative Psychotherapists, UK and offered by the School of Clinical Hypnosis, Singapore.

<sup>~</sup>Tuesdays (7:00pm to 10.00pm)

<sup>&</sup>lt;sup>&</sup>Thursdays (7:00pm to 10.00pm)

<sup>\*</sup>Fridays (7:00pm to 10.00pm)

Saturday (9.00am to 6.00pm)

<sup>\*</sup>Saturdays (9.30am to 12noon)

<sup>\*</sup>Saturdays (1:30pm to 6.00pm)

<sup>&</sup>quot;Sunday / Public Holiday (9.30am to 12noon)

<sup>@</sup>Online - Zoom